

## BALARISHTA

Monograph No. – 100028 ver 3.0

Issue No: 03

Date of Issue: 19/04/2017

Text Reference : Ayurved sar sangrah (Asavarishta)

Amendment No : 03

Amendment Date : 08/07/2024

Shelf Life: 10 years

### Description

Dark brown colour liquid,  
Fermented odour & Sweet  
followed by slight sour in taste.

### pH

3.5 – 5.0

### Specific Gravity at 25°

1.05 – 1.20 g/ml

### Brix

20 – 30 %

### Alcohol content

5 – 11 % v/v

### Thin Layer Chromatography Solvent system

Toluene : Ethyl acetate : Formic acid  
( 5.0 : 4.0 : 1.6 )

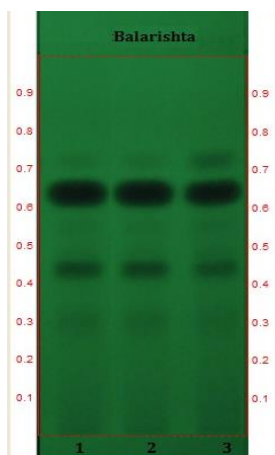
### Details

Solvent of Extraction – n-Hexane> Chloroform>Ethyl acetate> Methanol

Solvent front – 90 mm

Total No. of Major spots – 5

Detection – Under UV at 254 nm

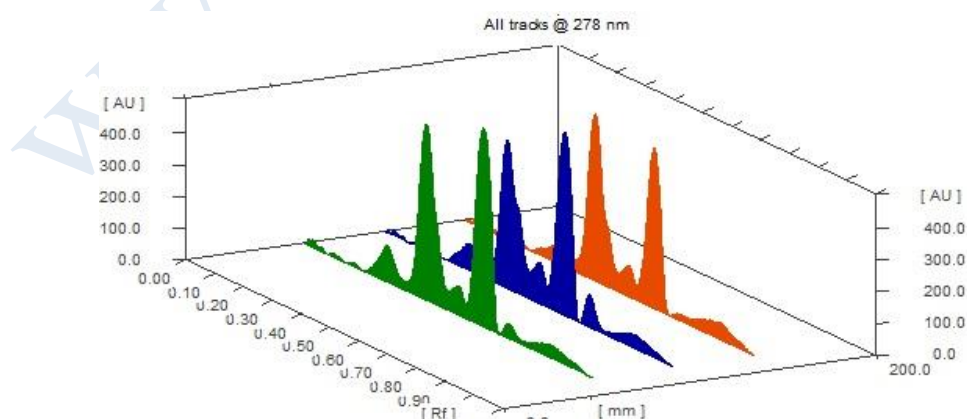


### Major Spots

### Colour

### Approx. Rf.

1	Light gray	0.30
2	Gray	0.43
3	Light gray	0.56
4	Black	0.65
5	Light gray	0.73



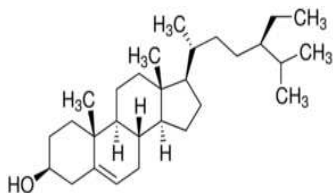
3D Peak Display of Balarishta at 278 nm

**Confidential - photocopy prohibited**

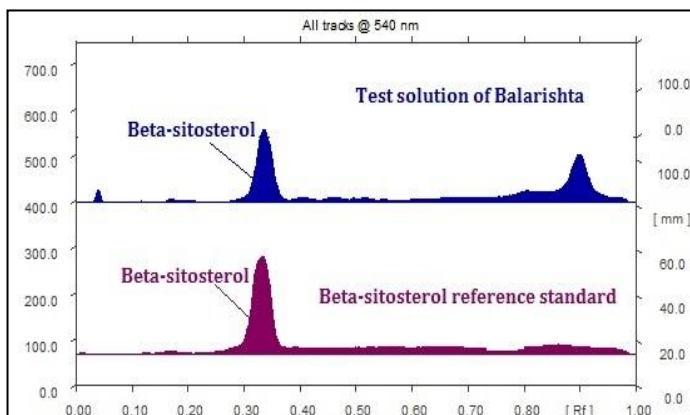
Note : <sup>†</sup> : These extra tests can be performed on every batch at extra cost. Tests can be ascertained on request.

## HPTLC Profile<sup>†</sup>

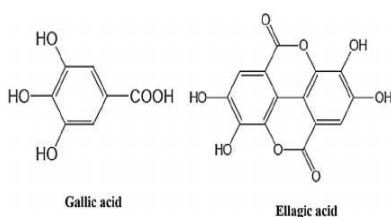
### i) Beta-sitosterol



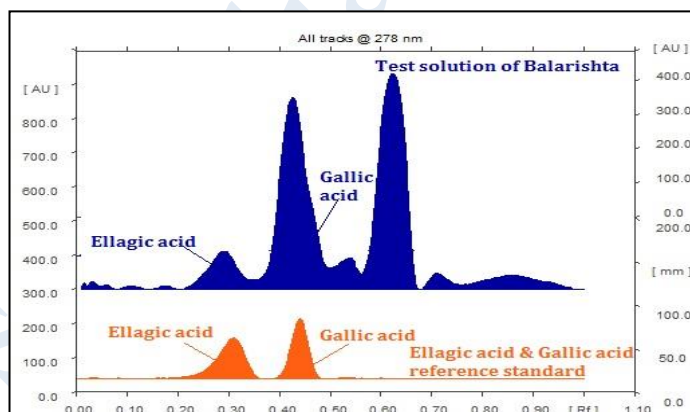
When examined in the range of 400 nm to 700 nm, the test solution shows absorption maxima at about 540 nm corresponding with Beta-sitosterol standard.



### ii) Total Polyphenols (as Gallic acid & Ellagic acid)



When examined in the range of 200 nm to 400 nm, the test solution shows absorption maxima at about 290 nm for Gallic acid & 278 nm for Ellagic acid corresponding with Gallic acid & Ellagic acid standard.



## Heavy metal

<b>Lead (Pb)</b>	NMT 10 ppm
<b>Mercury (Hg)</b>	NMT 1 ppm
<b>Arsenic (As)</b>	NMT 3 ppm
<b>Cadmium (Cd)</b>	NMT 0.3 ppm
<b><i>E. coli</i></b>	Absent/ml
<b><i>P. aeruginosa</i></b>	Absent/ml
<b><i>Salmonella sp.</i></b>	Absent/ml
<b><i>Staphylococcus sp.</i></b>	Absent/ml
<b>Total Microbial Plate Count (TPC)</b>	NMT 10 <sup>5</sup> c.f.u./ml
<b>Total Yeast &amp; Mould Count (TYMC)</b>	NMT 10 <sup>3</sup> c.f.u./ml
<b>Pesticide Residue<sup>†</sup> (OC+OP)</b>	Complies as per API
<b>Aflatoxins B1,B2,G1,G2<sup>†</sup></b>	Complies as per API